Section 1 - CHEMICAL PRODUCT AND COMPANY IDENTIFICATION

PRODUCT NAME
Indole-3-carbinol

STATEMENT OF HAZARDOUS NATURE

NFPA

SUPPLIER
Company: Santa Cruz Biotechnology, Inc.
Address:
2145 Delaware Ave
Santa Cruz, CA 95060
Telephone: 800.457.3801 or 831.457.3800
Emergency Tel: CHEMWATCH: From within the US and Canada: 877-715-9305
Emergency Tel: From outside the US and Canada: +800 2436 2255 (1-800-CHEMCALL) or call +613 9573 3112

PRODUCT USE
Phytooestrogen found in cabbage, broccoli and brussel sprouts where it occurs as a glucosinolate; it is converted to severally biologically active polyaromatic indolic compounds in the acidic environment of the stomach.

SYNONYMS
C9-H9-N-O, C9-H9-N-O, indole-3-methanol, indole-3-methanol, 3-hydroxymethylindole, 3-hydroxymethylindole, indole-3-carbinol, indole-3-carbinol, 1H-indole-3-methanol, 1H-indole-3-methanol, 3-indolylcarbinol, 3-indolylcarbinol, "phytoestrogen/phytooestrogen"

Section 2 - HAZARDS IDENTIFICATION

EMERGENCY OVERVIEW
RISK
Irritating to eyes and skin.

POTENTIAL HEALTH EFFECTS

ACUTE HEALTH EFFECTS

SWALLOWED
■ The material has NOT been classified as "harmful by ingestion". This is because of the lack of corroborating animal or human evidence. The material may still be damaging to the health of the individual, following ingestion, especially where pre-
existing organ (e.g. liver, kidney) damage is evident. Present definitions of harmful or toxic substances are generally based on doses producing mortality (death) rather than those producing morbidity (disease, ill-health). Gastrointestinal tract discomfort may produce nausea and vomiting. In an occupational setting however, unintentional ingestion is not thought to be cause for concern.

EYE
This material can cause eye irritation and damage in some persons.

SKIN
This material can cause inflammation of the skin on contact in some persons.
The material may accentuate any pre-existing dermatitis condition.
Skin contact is not thought to have harmful health effects, however the material may still produce health damage following entry through wounds, lesions or abrasions.
Open cuts, abraded or irritated skin should not be exposed to this material.
Enter into the blood-stream, through, for example, cuts, abrasions or lesions, may produce systemic injury with harmful effects. Examine the skin prior to the use of the material and ensure that any external damage is suitably protected.

INHALED
The material is not thought to produce adverse health effects or irritation of the respiratory tract (as classified using animal models). Nevertheless, good hygiene practice requires that exposure be kept to a minimum and that suitable control measures be used in an occupational setting.
Persons with impaired respiratory function, airway diseases and conditions such as emphysema or chronic bronchitis, may incur further disability if excessive concentrations of particulate are inhaled.

CHRONIC HEALTH EFFECTS
Exposure to the material may cause concerns for human fertility, on the basis that similar materials provide some evidence of impaired fertility in the absence of toxic effects, or evidence of impaired fertility occurring at around the same dose levels as other toxic effects, but which are not a secondary non-specific consequence of other toxic effects.

Based on experience with animal studies, there is a possibility that exposure to the material may result in toxic effects to the development of the fetus, at levels which do not cause significant toxic effects to the mother.
Human and animal exposures to the phytooestrogens (for example the isoflavones, some flavonoids, saponin, coumestans and lignans) can be high because these compounds are found in many foods. Interest in the dietary phytooestrogens derives from their apparent protective effects against cancer, cardiovascular disease and osteoporosis. High levels, over extended periods, may produce toxic effects.
However, toxicological studies revealed that when administered in isolated or enriched form or at high doses isoflavones impair the function of the thyroid gland; it cannot be ruled out that this oestrogen-like effect also encourages the onset of breast cancer. Since women are more at risk of developing cancer in any case after menopause, the intake of food supplements with a high isoflavone content may present unexpected risks for this group of consumers.
Although phytooestrogens exist as the inactive glycoside in food products, bacterial beta-glycosidases, in the colon, hydrolyse the glycosides to the active aglycones.

A common feature of the phytooestrogens is their striking similarity to 17beta-oestradiol and the synthetic oestrogen, diethylstilboestrol. There is evidence that phytooestrogens may mediate oestrogen-like effects by direct interaction with the oestrogen receptor of cells. Although the hormonal activity of phytooestrogens is two to five orders of magnitude below that of oestradiol, their high concentration in certain plants and their slower metabolic disposition, can lead to tissue levels exceeding those of endogenous oestrogens by a factor of a thousand or more.

There is also evidence that phytooestrogens may influence animal and human health by acting as antioxidants and hydrogen peroxide scavengers or by interfering with eicosanoid and cytokine production and cell signalling.

Anogenital distance, puberty onset, oestrus cycling, growth, sex-organ weight and hormonal profile are indicators of oestro- or anti-oestrogen like activity. Of interest is the finding that low doses of the dietary isoflavone, genistein, taken by pregnant rats produced shorter anogenital distances in the offspring; high doses did not produce this effect. Exposure to a 5% flaxseed diet (high in lignans) during pregnancy and lactation, resulted in the delayed puberty onset in rats (anti-oestrogenic effect). By contrast, a 10% flaxseed diet produced an earlier onset of puberty (an oestrogenic effect), but longer oestrus cycles due to prolonged dioestrus (an antioestrogenic effect).

There have been many reports of phytooestrogens disrupting reproductive activity in sheep. Infertility in sheep (so-called "clover disease") has been traced to isoflavone concentrations in clover (up to 5% dry weight). Temporary infertility is attributed to increased embryo mortality or a reduction in ovulation. Permanent infertility, in sheep, is purported to occur after 3 years of exposure to dietary oestrogenic compounds; this infertility is due to permanent changes in the architecture of the cervix and also changes in the viscoelasticity of the cervical mucus which prevents the transport of sperm through the cervix. In addition to these effects, phytooestrogens exert effects on oestrogen-sensitive tissues such as the mammary gland and female reproductive organs of the ewe. Cattle have also shown to be sensitive to the oestrogen-like effects of dietary phytooestrogens. Specific observations include swelling of the vulva, discharge of cervical mucus, uterus enlargements and cystic ovaries. Irregular oestrous cycles, including periods of anoestrus, and decreased rates of conception have also been reported. The impact on reproductive activity, by phytooestrogens on humans, is unknown.

The recent practice of feeding infants soy-based formula raises issues related to the long-term health effects of exposure during development. It has been recognised, for example, that the practice may be associated with goiter (thyroid enlargement associated with thyroid hormone deficiency) in humans and animals. Soy phytooestrogens inhibit thyroid hormone synthesis at concentrations which occur in infant formula.

If sufficient inhibition of iodide uptake by the goiter occurs, formation of thyroid hormones is depressed. These hormones are essential to the regulation of oxygen consumption and metabolism throughout the body. Clinical manifestations of this so-called "hypothyroidism (or athyreay)" include low metabolic rate, a tendency to gain weight, somnolence, and myxoedema (a relatively hard oedema of the subcutaneous tissue), dryness and loss of hair, low body temperature, hoarseness, muscle weakness, a slow return of the muscle after tendon jerk, and slow mentation. When hypothyroidism occurs in women, early in pregnancy, the foetus is at risk of impaired physical and mental development, the severity of the impairment depending on the degree of hypothyroidism.

Long term exposure to high dust concentrations may cause changes in lung function i.e. pneumoconiosis; caused by particles less than 0.5 micron penetrating and remaining in the lung. Prime symptom is breathlessness; lung shadows show on X-ray.

### Section 3 - COMPOSITION / INFORMATION ON INGREDIENTS

**HAZARD RATINGS**

<table>
<thead>
<tr>
<th>Flammability:</th>
<th>Min</th>
<th>Max</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>1</td>
<td></td>
</tr>
</tbody>
</table>
Toxicity: 0  
Body Contact: 2  
Reactivity: 1  
Chronic: 2  

**Section 4 - FIRST AID MEASURES**

**SWALLOWED**
- Immediately give a glass of water.
- First aid is not generally required. If in doubt, contact a Poisons Information Center or a doctor.

**EYE**
- If this product comes in contact with the eyes:
  - Wash out immediately with fresh running water.
  - Ensure complete irrigation of the eye by keeping eyelids apart and away from eye and moving the eyelids by occasionally lifting the upper and lower lids.
  - If pain persists or recurs seek medical attention.
  - Removal of contact lenses after an eye injury should only be undertaken by skilled personnel.

**SKIN**
- If skin contact occurs:
  - Immediately remove all contaminated clothing, including footwear.
  - Flush skin and hair with running water (and soap if available).
  - Seek medical attention in event of irritation.

**INHALED**
- If dust is inhaled, remove from contaminated area.
- Encourage patient to blow nose to ensure clear passage of breathing.
- If irritation or discomfort persists seek medical attention.

**NOTES TO PHYSICIAN**
- Treat symptomatically.

**Section 5 - FIRE FIGHTING MEASURES**

<table>
<thead>
<tr>
<th>Property</th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vapour Pressure (mmHG)</td>
<td>Negligible</td>
</tr>
<tr>
<td>Upper Explosive Limit (%)</td>
<td>Not available</td>
</tr>
<tr>
<td>Specific Gravity (water=1)</td>
<td>Not available</td>
</tr>
<tr>
<td>Lower Explosive Limit (%)</td>
<td>Not available</td>
</tr>
</tbody>
</table>

**EXTINGUISHING MEDIA**
- Water spray or fog.
- Foam.
- Dry chemical powder.
- BCF (where regulations permit).
- Carbon dioxide.

**FIRE FIGHTING**
- Alert Emergency Responders and tell them location and nature of hazard.
- Wear breathing apparatus plus protective gloves.
- Prevent, by any means available, spillage from entering drains or water course.
- Use water delivered as a fine spray to control fire and cool adjacent area.
- DO NOT approach containers suspected to be hot.
- Cool fire exposed containers with water spray from a protected location.
- If safe to do so, remove containers from path of fire.
- Equipment should be thoroughly decontaminated after use.

**GENERAL FIRE HAZARDS/HAZARDOUS COMBUSTIBLE PRODUCTS**
- Combustible solid which burns but propagates flame with difficulty.
- Avoid generating dust, particularly clouds of dust in a confined or unventilated space as dusts may form an explosive mixture with air, and any source of ignition, i.e. flame or spark, will cause fire or explosion. Dust clouds generated by the fine grinding of the solid are a particular hazard; accumulations of fine dust may burn rapidly and fiercely if ignited.
- Dry dust can be charged electrostatically by turbulence, pneumatic transport, pouring, in exhaust ducts and during transport.
- Build-up of electrostatic charge may be prevented by bonding and grounding.
- Powder handling equipment such as dust collectors, dryers and mills may require additional protection measures such as explosion venting.

Combustion products include: carbon monoxide (CO), carbon dioxide (CO2), nitrogen oxides (NOx), other pyrolysis products.
typical of burning organic material. May emit poisonous fumes. May emit corrosive fumes.

**FIRE INCOMPATIBILITY**
- Avoid contamination with oxidizing agents i.e. nitrates, oxidizing acids, chlorine bleaches, pool chlorine etc. as ignition may result.

**PERSONAL PROTECTION**
- Glasses: Chemical goggles.
- Gloves:
- Respirator: Particulate

---

**Section 6 - ACCIDENTAL RELEASE MEASURES**

**MINOR SPILLS**
- Clean up all spills immediately.
- Avoid breathing dust and contact with skin and eyes.
- Wear protective clothing, gloves, safety glasses and dust respirator.
- Use dry clean up procedures and avoid generating dust.
- Sweep up, shovel up or vacuum up (consider explosion-proof machines designed to be grounded during storage and use).
- Place spilled material in clean, dry, sealable, labeled container.

**MAJOR SPILLS**
- Moderate hazard.
  - CAUTION: Advise personnel in area.
  - Alert Emergency Responders and tell them location and nature of hazard.
  - Control personal contact by wearing protective clothing.
  - Prevent, by any means available, spillage from entering drains or water courses.
  - Recover product wherever possible.
  - IF DRY: Use dry clean up procedures and avoid generating dust. Collect residues and place in sealed plastic bags or other containers for disposal. IF WET: Vacuum/shovel up and place in labelled containers for disposal.
  - ALWAYS: Wash area down with large amounts of water and prevent runoff into drains.
  - If contamination of drains or waterways occurs, advise emergency services.

**ACUTE EXPOSURE GUIDELINE LEVELS (AEGL) (in ppm)**
- AEGL 1: The airborne concentration of a substance above which it is predicted that the general population, including susceptible individuals, could experience notable discomfort, irritation, or certain asymptomatic nonsensory effects. However, the effects are not disabling and are transient and reversible upon cessation of exposure.
- AEGL 2: The airborne concentration of a substance above which it is predicted that the general population, including susceptible individuals, could experience irreversible or other serious, long-lasting adverse health effects or an impaired ability to escape.
- AEGL 3: The airborne concentration of a substance above which it is predicted that the general population, including susceptible individuals, could experience life-threatening health effects or death.

---

**Section 7 - HANDLING AND STORAGE**

**PROCEDURE FOR HANDLING**
- Avoid all personal contact, including inhalation.
- Wear protective clothing when risk of exposure occurs.
- Use in a well-ventilated area.
- Prevent concentration in hollows and sumps.
- Do NOT enter confined spaces until atmosphere has been checked.
- Do NOT allow material to contact humans, exposed food or food utensils.
- Avoid contact with incompatible materials.
- When handling, DO NOT eat, drink or smoke.
- Keep containers securely sealed when not in use.
- Avoid physical damage to containers.
- Always wash hands with soap and water after handling.
- Work clothes should be laundered separately.
- Launder contaminated clothing before re-use.
- Use good occupational work practice.
- Observe manufacturer's storing and handling recommendations.
- Atmosphere should be regularly checked against established exposure standards to ensure safe working conditions are maintained.

Empty containers may contain residual dust which has the potential to accumulate following settling. Such dusts may explode in the presence of an appropriate ignition source.
- Do NOT cut, drill, grind or weld such containers
- In addition ensure such activity is not performed near full, partially empty or empty containers without appropriate workplace safety authorisation or permit.

**RECOMMENDED STORAGE METHODS**
Polyethylene or polypropylene container.
Check all containers are clearly labelled and free from leaks.

**STORAGE REQUIREMENTS**

- Store in original containers.
- Keep containers securely sealed.
- Store in a cool, dry, well-ventilated area.
- Store away from incompatible materials and foodstuff containers.
- Protect containers against physical damage and check regularly for leaks.
- Observe manufacturer’s storing and handling recommendations.

**SAFE STORAGE WITH OTHER CLASSIFIED CHEMICALS**

X: Must not be stored together
O: May be stored together with specific precautions
+: May be stored together

---

### Section 8 - EXPOSURE CONTROLS / PERSONAL PROTECTION

<table>
<thead>
<tr>
<th>Source</th>
<th>Material</th>
<th>TWA ppm</th>
<th>TWA mg/m³</th>
<th>STEL ppm</th>
<th>STEL mg/m³</th>
<th>Peak ppm</th>
<th>Peak mg/m³</th>
<th>TWA F/CC</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>US - Oregon Permissible Exposure Limits (Z3)</td>
<td>3-indolemethanol (Inert or Nuisance Dust: (d) Total dust)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>*</td>
<td></td>
</tr>
<tr>
<td>US OSHA Permissible Exposure Levels (PELs) - Table Z3</td>
<td>3-indolemethanol (Inert or Nuisance Dust: (d) Respirable fraction)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>US OSHA Permissible Exposure Levels (PELs) - Table Z3</td>
<td>3-indolemethanol (Inert or Nuisance Dust: (d) Total dust)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>15</td>
<td></td>
</tr>
<tr>
<td>US - Hawaii Air Contaminant Limits</td>
<td>3-indolemethanol (Particulates not otherwise regulated - Total dust)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>10</td>
<td></td>
</tr>
<tr>
<td>US - Hawaii Air Contaminant Limits</td>
<td>3-indolemethanol (Particulates not otherwise regulated - Respirable fraction)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>US - Oregon Permissible Exposure Limits (Z3)</td>
<td>3-indolemethanol (Inert or Nuisance Dust: (d) Respirable fraction)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>US - Tennessee Occupational Exposure Limits - Limits For Air Contaminants</td>
<td>3-indolemethanol (Particulates not otherwise regulated Respirable fraction)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>US - Wyoming Toxic and Hazardous Substances Table Z1 Limits for Air Contaminants</td>
<td>3-indolemethanol (Particulates not otherwise regulated (PNOR)(f)-Respirable fraction)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>US - Michigan Exposure Limits for Air Contaminants</td>
<td>3-indolemethanol (Particulates not otherwise regulated, Respirable dust)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>5</td>
<td></td>
</tr>
</tbody>
</table>

**MATERIAL DATA**

**3-INDOLEMETHANOL:**
- It is the goal of the ACGIH (and other Agencies) to recommend TLVs (or their equivalent) for all substances for which there is evidence of health effects at airborne concentrations encountered in the workplace.
- At this time no TLV has been established, even though this material may produce adverse health effects (as evidenced in animal experiments or clinical experience). Airborne concentrations must be maintained as low as is practically possible and occupational exposure must be kept to a minimum.

**NOTE:** The ACGIH occupational exposure standard for Particles Not Otherwise Specified (P.N.O.S) does NOT apply.

Sensory irritants are chemicals that produce temporary and undesirable side-effects on the eyes, nose or throat. Historically occupational exposure standards for these irritants have been based on observation of workers’ responses to various airborne concentrations. Present day expectations require that nearly every individual should be protected against even minor sensory irritation and exposure standards are established using uncertainty factors or safety factors of 5 to 10 or more. On occasion animal no-observable-effect-levels (NOEL) are used to determine these limits where human results are unavailable. An additional approach, typically used by the TLV committee (USA) in determining respiratory standards for this group of chemicals, has been to assign ceiling values (TLV C) to rapidly acting irritants and to assign short-term exposure limits (TLV STELs) when the weight of evidence from irritation, bioaccumulation and other endpoints combine to warrant such a limit. In contrast the MAK Commission (Germany) uses a five-category system based on intensive odour, local irritation, and elimination half-life. However this system is being replaced to be consistent with the European Union (EU) Scientific Committee for Occupational Exposure Limits (SCOEL); this is more closely allied to that of the USA.

OSHA (USA) concluded that exposure to sensory irritants can:
• cause inflammation
• cause increased susceptibility to other irritants and infectious agents
• lead to permanent injury or dysfunction
• permit greater absorption of hazardous substances and
• acclimate the worker to the irritant warning properties of these substances thus increasing the risk of overexposure.

PERSONAL PROTECTION

Consult your EHS staff for recommendations

EYE

■ Safety glasses with side shields.
■ Chemical goggles.
■ Contact lenses pose a special hazard; soft lenses may absorb irritants and all lenses concentrate them. DO NOT wear contact lenses.

HANDS/FEET

■ Suitability and durability of glove type is dependent on usage. Important factors in the selection of gloves include: such as:
  • frequency and duration of contact,
  • chemical resistance of glove material,
  • glove thickness and dexterity
Select gloves tested to a relevant standard (e.g. Europe EN 374, US F739).
  • When prolonged or frequently repeated contact may occur, a glove with a protection class of 5 or higher (breakthrough time greater than 240 minutes according to EN 374) is recommended.
  • When only brief contact is expected, a glove with a protection class of 3 or higher (breakthrough time greater than 60 minutes according to EN 374) is recommended.
  • Contaminated gloves should be replaced.
Gloves must only be worn on clean hands. After using gloves, hands should be washed and dried thoroughly. Application of a non-perfumed moisturiser is recommended.
Experience indicates that the following polymers are suitable as glove materials for protection against undissolved, dry solids, where abrasive particles are not present.
  • polychloroprene
  • nitrile rubber
  • butyl rubber
  • fluorocautchouc
  • polyvinyl chloride
Gloves should be examined for wear and/or degradation constantly.

OTHER

■ Overalls.
■ P.V.C. apron.
■ Barrier cream.
■ Skin cleansing cream.
■ Eye wash unit.
■ Respirators may be necessary when engineering and administrative controls do not adequately prevent exposures.
The decision to use respiratory protection should be based on professional judgment that takes into account toxicity information, exposure measurement data, and frequency and likelihood of the worker's exposure - ensure users are not subject to high thermal loads which may result in heat stress or distress due to personal protective equipment (powered, positive flow, full face apparatus may be an option).
Published occupational exposure limits, where they exist, will assist in determining the adequacy of the selected respiratory .
These may be government mandated or vendor recommended.
Certified respirators will be useful for protecting workers from inhalation of particulates when properly selected and fit tested as part of a complete respiratory protection program.
Use approved positive flow mask if significant quantities of dust becomes airborne.
Try to avoid creating dust conditions.

RESPRATOR

<table>
<thead>
<tr>
<th>Protection Factor</th>
<th>Half-Face Respirator</th>
<th>Full-Face Respirator</th>
<th>Powered Air Respirator</th>
</tr>
</thead>
<tbody>
<tr>
<td>10 x PEL</td>
<td>P1</td>
<td>-</td>
<td>PAPR-P1</td>
</tr>
<tr>
<td>50 x PEL</td>
<td>Air-line*</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>100 x PEL</td>
<td>Air-line**</td>
<td>P2</td>
<td>PAPR-P2</td>
</tr>
<tr>
<td>100+ x PEL</td>
<td>-</td>
<td>P3</td>
<td>-</td>
</tr>
</tbody>
</table>

* - Negative pressure demand ** - Continuous flow
Explanation of Respirator Codes:
Class 1 low to medium absorption capacity filters.
Class 2 medium absorption capacity filters.
Class 3 high absorption capacity filters.
PAPR Powered Air Purifying Respirator (positive pressure) cartridge.
Type A for use against certain organic gases and vapors.
Type AX for use against low boiling point organic compounds (less than 65ºC).
Type B for use against certain inorganic gases and other acid gases and vapors.
Type E for use against sulfur dioxide and other acid gases and vapors.
Type K for use against ammonia and organic ammonia derivatives
Class P1 intended for use against mechanically generated particulates of sizes most commonly encountered in industry, e.g. asbestos, silica.
Class P2 intended for use against both mechanically and thermally generated particulates, e.g. metal fume.
Class P3 intended for use against all particulates containing highly toxic materials, e.g. beryllium.
The local concentration of material, quantity and conditions of use determine the type of personal protective equipment required.
Use appropriate NIOSH-certified respirator based on informed professional judgement. In conditions where no reasonable estimate of exposure can be made, assume the exposure is in a concentration IDLH and use NIOSH-certified full face pressure demand SCBA with a minimum service life of 30 minutes, or a combi full facepiece pressure demand SAR with auxiliary self-contained air supply. Respirators provided only for escape from IDLH atmospheres shall be NIOSH-certified for escape from the atmosphere in which they will be used.

ENGINEERING CONTROLS

- Local exhaust ventilation is required where solids are handled as powders or crystals; even when particulates are relatively large, a certain proportion will be powdered by mutual friction.
- Exhaust ventilation should be designed to prevent accumulation and recirculation of particulates in the workplace.
- If in spite of local exhaust an adverse concentration of the substance in air could occur, respiratory protection should be considered. Such protection might consist of:
  (a): particle dust respirators, if necessary, combined with an absorption cartridge;
  (b): filter respirators with absorption cartridge or canister of the right type;
  (c): fresh-air hoods or masks
- Powder handling equipment such as dust collectors, dryers and mills may require additional protection measures such as explosion venting.

Air contaminants generated in the workplace possess varying "escape" velocities which, in turn, determine the "capture velocities" of fresh circulating air required to efficiently remove the contaminant.

<table>
<thead>
<tr>
<th>Type of Contaminant:</th>
<th>Air Speed:</th>
</tr>
</thead>
<tbody>
<tr>
<td>direct spray, spray painting in shallow booths, drum filling, conveyor loading, crushing dusts, gas discharge (active generation into zone of rapid air motion)</td>
<td>1-2.5 m/s (200-500 ft/min.)</td>
</tr>
<tr>
<td>grinding, abrasive blasting, tumbling, high speed wheel generated dusts (released at high initial velocity into zone of very high rapid air motion).</td>
<td>2.5-10 m/s (500-2000 ft/min.)</td>
</tr>
</tbody>
</table>

Within each range the appropriate value depends on:

<table>
<thead>
<tr>
<th>Lower end of the range</th>
<th>Upper end of the range</th>
</tr>
</thead>
<tbody>
<tr>
<td>1: Room air currents minimal or favorable to capture</td>
<td>1: Disturbing room air currents</td>
</tr>
<tr>
<td>2: Contaminants of low toxicity or nuisance value only</td>
<td>2: Contaminants of high toxicity</td>
</tr>
<tr>
<td>3: Intermittent, low production.</td>
<td>3: High production, heavy use</td>
</tr>
<tr>
<td>4: Large hood or large air mass in motion</td>
<td>4: Small hood-local control only</td>
</tr>
</tbody>
</table>

Simple theory shows that air velocity falls rapidly with distance away from the opening of a simple extraction pipe. Velocity generally decreases with the square of distance from the extraction point (in simple cases). Therefore the air speed at the extraction point should be adjusted, accordingly, after reference to distance from the contaminating source. The air velocity at the extraction fan, for example, should be a minimum of 4-10 m/s (800-2000 f/min) for extraction of crusher dusts generated 2 meters distant from the extraction point. Other mechanical considerations, producing performance deficits within the extraction apparatus, make it essential that theoretical air velocities are multiplied by factors of 10 or more when extraction systems are installed or used.

Section 9 - PHYSICAL AND CHEMICAL PROPERTIES

PHYSICAL PROPERTIES

<table>
<thead>
<tr>
<th>State</th>
<th>Divided solid</th>
<th>Molecular Weight</th>
<th>147.18</th>
</tr>
</thead>
<tbody>
<tr>
<td>Melting Range (°F)</td>
<td>204.8- 210.2</td>
<td>Viscosity</td>
<td>Not Available</td>
</tr>
<tr>
<td>Boiling Range (°F)</td>
<td>Not available</td>
<td>Solubility in water (g/L)</td>
<td>Miscible</td>
</tr>
<tr>
<td>Flash Point (°F)</td>
<td>Not available</td>
<td>pH (1% solution)</td>
<td>Not available</td>
</tr>
<tr>
<td>Decomposition Temp (°F)</td>
<td>Not available</td>
<td>pH (as supplied)</td>
<td>Not applicable</td>
</tr>
<tr>
<td>Autoignition Temp (°F)</td>
<td>Not available</td>
<td>Vapour Pressure (mmHG)</td>
<td>Negligible</td>
</tr>
<tr>
<td>Upper Explosive Limit (%)</td>
<td>Not available.</td>
<td>Specific Gravity (water=1)</td>
<td>Not available</td>
</tr>
<tr>
<td>Lower Explosive Limit (%)</td>
<td>Not available</td>
<td>Relative Vapor Density (air=1)</td>
<td>Not Applicable</td>
</tr>
<tr>
<td>Volatile Component (%vol)</td>
<td>Negligible</td>
<td>Evaporation Rate</td>
<td>Not applicable</td>
</tr>
</tbody>
</table>

APPEARANCE

Off-white powder; mixes with water.

Section 10 - CHEMICAL STABILITY
CONDITIONS CONTRIBUTING TO INSTABILITY

- Presence of incompatible materials.
- Product is considered stable.
- Hazardous polymerization will not occur.

STORAGE INCOMPATIBILITY

- Avoid reaction with oxidizing agents.

For incompatible materials - refer to Section 7 - Handling and Storage.

---

Section 11 - TOXICOLOGICAL INFORMATION

3-indolemethanol

TOXICITY AND IRRITATION

- No significant acute toxicological data identified in literature search.
- Coma, foetotoxicity recorded.

---

Section 12 - ECOLOGICAL INFORMATION

Refer to data for ingredients, which follows:

3-INDOLEMETHANOL:

- DO NOT discharge into sewer or waterways.

Ecotoxicity

<table>
<thead>
<tr>
<th>Ingredient</th>
<th>Persistence: Water/Soil</th>
<th>Persistence: Air</th>
<th>Bioaccumulation</th>
<th>Mobility</th>
</tr>
</thead>
<tbody>
<tr>
<td>3-indolemethanol</td>
<td>HIGH</td>
<td>LOW</td>
<td>HIGH</td>
<td>HIGH</td>
</tr>
</tbody>
</table>

---

Section 13 - DISPOSAL CONSIDERATIONS

Disposal Instructions

All waste must be handled in accordance with local, state and federal regulations.

Legislation addressing waste disposal requirements may differ by country, state and/or territory. Each user must refer to laws operating in their area. In some areas, certain wastes must be tracked.

A Hierarchy of Controls seems to be common - the user should investigate:

- Reduction
- Reuse
- Recycling
- Disposal (if all else fails)

This material may be recycled if unused, or if it has not been contaminated so as to make it unsuitable for its intended use. Shelf life considerations should also be applied in making decisions of this type. Note that properties of a material may change in use, and recycling or reuse may not always be appropriate.

DO NOT allow wash water from cleaning equipment to enter drains. Collect all wash water for treatment before disposal.

- Recycle wherever possible.
- Consult manufacturer for recycling options or consult Waste Management Authority for disposal if no suitable treatment or disposal facility can be identified.
- Dispose of by: Burial in a licensed land-fill or Incineration in a licensed apparatus (after admixture with suitable combustible material)
- Decontaminate empty containers. Observe all label safeguards until containers are cleaned and destroyed.

---

Section 14 - TRANSPORTATION INFORMATION

NOT REGULATED FOR TRANSPORT OF DANGEROUS GOODS: DOT, IATA, IMDG

---

Section 15 - REGULATORY INFORMATION

3-indolemethanol (CAS: 700-06-1,123334-15-6) is found on the following regulatory lists:

- US - Hawaii Air Contaminant Limits*
- US - Oregon Permissible Exposure Limits (Z3)*/
- US OSHA Permissible Exposure Levels (PELs) - Table Z3*

---

Section 16 - OTHER INFORMATION

LIMITED EVIDENCE

- May possibly affect fertility*.
- May possibly be harmful to the fetus/ embryo*.

* (limited evidence).

Ingredients with multiple CAS Nos

<table>
<thead>
<tr>
<th>Ingredient Name</th>
<th>CAS</th>
</tr>
</thead>
<tbody>
<tr>
<td>3-indolemethanol</td>
<td>700-06-1, 123334-15-6</td>
</tr>
</tbody>
</table>
Reasonable care has been taken in the preparation of this information, but the author makes no warranty of merchantability or any other warranty, expressed or implied, with respect to this information. The author makes no representations and assumes no liability for any direct, incidental or consequential damages resulting from its use. For additional technical information please call our toxicology department on +800 CHEMCALL.

Classification of the mixture and its individual components has drawn on official and authoritative sources as well as independent review by the Chemwatch Classification committee using available literature references. A list of reference resources used to assist the committee may be found at: www.chemwatch.net/references.

The (M)SDS is a Hazard Communication tool and should be used to assist in the Risk Assessment. Many factors determine whether the reported Hazards are Risks in the workplace or other settings. Risks may be determined by reference to Exposures Scenarios. Scale of use, frequency of use and current or available engineering controls must be considered.

This document is copyright. Apart from any fair dealing for the purposes of private study, research, review or criticism, as permitted under the Copyright Act, no part may be reproduced by any process without written permission from CHEMWATCH. TEL (+61 3) 9572 4700.

Issue Date: Nov-8-2009
Print Date: Apr-21-2010