

β-Sitosterol

sc-204432

Material Safety Data Sheet



The Power is Question

Hazard Alert Code Key: **EXTREME** **HIGH** **MODERATE** **LOW**

Section 1 - CHEMICAL PRODUCT AND COMPANY IDENTIFICATION

PRODUCT NAME

β-Sitosterol

STATEMENT OF HAZARDOUS NATURE

CONSIDERED A HAZARDOUS SUBSTANCE ACCORDING TO OSHA 29 CFR 1910.1200.

NFPA



SUPPLIER

Santa Cruz Biotechnology, Inc.
2145 Delaware Avenue
Santa Cruz, California 95060
800.457.3801 or 831.457.3800

EMERGENCY:

ChemWatch
Within the US & Canada: 877-715-9305
Outside the US & Canada: +800 2436 2255
(1-800-CHEMCALL) or call +613 9573 3112

SYNONYMS

C29-H50-O, stigmast-5-en-3-beta-ol, "angelicin (steroid)", cinchol, cupreol, alpha-dihydro-fucoesterol, "22, 23-dihydrostigmasterol", 24-alpha-ethyl-cholesterol, quebrachol, rhamnol, beta-sitosterin, SKF-144463, "stigmast-5-en-3-ol, (3-beta)-", "natural product", sterol, "phytosterol/ phytoestrogen/ phytoestrogen", Cytellin, Harzol, "steroidal saponin/ sapogenin"

Section 2 - HAZARDS IDENTIFICATION

CHEMWATCH HAZARD RATINGS

	Min	Max	
Flammability:	1		
Toxicity:	2		
Body Contact:	0		Min/Nil=0 Low=1
Reactivity:	1		Moderate=2
Chronic:	2		High=3 Extreme=4

CANADIAN WHMIS SYMBOLS

None

EMERGENCY OVERVIEW

RISK

Harmful to aquatic organisms.

POTENTIAL HEALTH EFFECTS

ACUTE HEALTH EFFECTS

SWALLOWED

- Accidental ingestion of the material may be damaging to the health of the individual.
- Saponins (saponines and steroidal sapogenines) are weakly absorbed by the intestine and because of their detergent action, concentrate in the lipid layer of the cells of the gastric and intestinal epithelium. This results in cell damage and severe irritation of the gastrointestinal tract, characterised by burning of the mouth and stomach, cough, salivation and lachrymation, followed by nausea, vomiting, and diarrhoea. Severe fluid and electrolyte loss may also ensue. Reflexes via the autonomic nervous system may produce disturbances to heart function and circulatory system. Death may be the result of a shock reaction. Although saponins are generally poorly absorbed, local irritation of the mucous membranes may enhance their permeability as a result of damage to the intestinal wall. After absorption, systemic damage to red blood cells may produce severe haemolysis, causing anoxia and kidney failure. Humans generally do not suffer severe poisoning from saponins as endogenous cholestrin inactivates them so that only mucous membranes are involved. Because of this, saponins have been used in sneezing powders, emetics and cough syrups to facilitate expectoration. Most saponins are diuretic. In humans this effect disappears within a week following the neutralising action of cholestrin. Some saponins have been identified as potentially harmful to humans because they reduce serum cholesterol by preventing its re-adsorption after it has been excreted by the bile. It is hypothesised that the saponins either bind with bile or cause bile salts to bind to the polysaccharides in dietary fibre. Either way the bile salts are unavailable to bind cholesterol.

EYE

- Although the material is not thought to be an irritant, direct contact with the eye may cause transient discomfort characterized by tearing or conjunctival redness (as with windburn). Slight abrasive damage may also result.

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SKIN

- The material is not thought to produce adverse health effects or skin irritation following contact (as classified using animal models). Nevertheless, good hygiene practice requires that exposure be kept to a minimum and that suitable gloves be used in an occupational setting.
- Open cuts, abraded or irritated skin should not be exposed to this material.
- Entry into the blood-stream, through, for example, cuts, abrasions or lesions, may produce systemic injury with harmful effects. Examine the skin prior to the use of the material and ensure that any external damage is suitably protected.

INHALED

- The material is not thought to produce respiratory irritation (as classified using animal models). Nevertheless inhalation of dusts, or fume, especially for prolonged periods, may produce respiratory discomfort and occasionally, distress.
- Inhalation of dusts, generated by the material during the course of normal handling, may be damaging to the health of the individual.
- Persons with impaired respiratory function, airway diseases and conditions such as emphysema or chronic bronchitis, may incur further disability if excessive concentrations of particulate are inhaled.
- Inhalation of saponin (saponin, sapogenin) dusts or aerosols may produce spasm, oedema of the larynx, chemical pneumonitis and pulmonary oedema. High concentrations may cause mucous membrane damage. Symptoms include burning sensation, coughing, wheezing, shortness of breath, headache and nausea.

CHRONIC HEALTH EFFECTS

- There is limited evidence that, skin contact with this product is more likely to cause a sensitization reaction in some persons compared to the general population.

Long term exposure to high dust concentrations may cause changes in lung function i.e. pneumoconiosis; caused by particles less than 0.5 micron penetrating and remaining in the lung.

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Several instances of allergenicity resulting from contact with steroidal saponins (sapogenins, including phytosteroids and phyto-oestrogens) have been recorded. Severe irritation has been reported following dermal exposure to sapogenin-containing saps but confounding factors such as the presence of raphides (calcium oxalates) may be significant. Saponins (saponine, sapogenine) are extremely toxic if absorbed in the blood stream; they act by haemolysis (destruction of red blood cells) even at extreme dilution. Many saponins are phytoestrogenic. A common feature of the phytoestrogens is their striking similarity to 17beta-oestradiol and the synthetic oestrogen, diethylstilboestrol. There is evidence that phytoestrogens may mediate oestrogen-like effects by direct interaction with the oestrogen receptor of cells. Although the hormonal activity of phytoestrogens is two to five orders of magnitude below that of oestradiol, their high concentration in certain plants and their slower metabolic disposition, can lead to tissue levels exceeding those of endogenous oestrogens by a factor of a thousand or more.

Section 3 - COMPOSITION / INFORMATION ON INGREDIENTS

NAME	CAS RN	%
beta-sitosterol	83-46-5	>98
commercial product may contain		
campesterol	474-62-4	
dihydrobrassicasterol	4651-51-8	

Section 4 - FIRST AID MEASURES

SWALLOWED

· If swallowed do NOT induce vomiting. · If vomiting occurs, lean patient forward or place on left side (head-down position, if possible) to maintain open airway and prevent aspiration.

EYE

- If this product comes in contact with the eyes: · Wash out immediately with fresh running water. · Ensure complete irrigation of the eye by keeping eyelids apart and away from eye and moving the eyelids by occasionally lifting the upper and lower lids.

SKIN

- If skin contact occurs: · Immediately remove all contaminated clothing, including footwear · Flush skin and hair with running water (and soap if available).

INHALED

- If fumes or combustion products are inhaled remove from contaminated area. · Lay patient down. Keep warm and rested.

NOTES TO PHYSICIAN

- Treat symptomatically.

for saponin (saponine, sapogenine) poisonings:

- Give activated charcoal by mouth, to absorb and inactivate the saponin.
- Slime preparations of rice and oats or paraffin should be given as a mucous-membrane protective.
- Substitution of electrolytes and fluid is essential after extensive episodes of vomiting and diarrhoea.
- If the patient is excited, sedatives should be given; artificial respiration may be necessary in the event of breathing arrest.
- Fatal poisonings are rare due to modern intensive care regimes.

Toxicology: Marquardt H. et al: Academic Press, 1999.

Section 5 - FIRE FIGHTING MEASURES

Vapour Pressure (mmHG):	Negligible
Upper Explosive Limit (%):	Not available.
Specific Gravity (water=1):	Not available
Lower Explosive Limit (%):	Not available

EXTINGUISHING MEDIA

- Foam.
- Dry chemical powder.

FIRE FIGHTING

- Alert Emergency Responders and tell them location and nature of hazard.
- Wear breathing apparatus plus protective gloves.

GENERAL FIRE HAZARDS/HAZARDOUS COMBUSTIBLE PRODUCTS

- Combustible solid which burns but propagates flame with difficulty.
- Avoid generating dust, particularly clouds of dust in a confined or unventilated space as dusts may form an explosive mixture with air, and any source of ignition, i.e. flame or spark, will cause fire or explosion. Dust clouds generated by the fine grinding of the solid are a particular hazard; accumulations of fine dust may burn rapidly and fiercely if ignited.

Combustion products include: carbon monoxide (CO), carbon dioxide (CO₂), other pyrolysis products typical of burning organic material.

May emit poisonous fumes.

May emit corrosive fumes.

FIRE INCOMPATIBILITY

- Avoid contamination with oxidizing agents i.e. nitrates, oxidizing acids, chlorine bleaches, pool chlorine etc. as ignition may result.

PERSONAL PROTECTION

Glasses:

Chemical goggles.

Gloves:

Respirator:

Particulate

Section 6 - ACCIDENTAL RELEASE MEASURES

MINOR SPILLS

- Remove all ignition sources.
- Clean up all spills immediately.
- Avoid contact with skin and eyes.
- Control personal contact by using protective equipment.
- Use dry clean up procedures and avoid generating dust.
- Place in a suitable, labelled container for waste disposal.

MAJOR SPILLS

- Moderate hazard.
- CAUTION: Advise personnel in area.
- Alert Emergency Responders and tell them location and nature of hazard.

Section 7 - HANDLING AND STORAGE

PROCEDURE FOR HANDLING

- Avoid all personal contact, including inhalation.

- Wear protective clothing when risk of exposure occurs.

Empty containers may contain residual dust which has the potential to accumulate following settling. Such dusts may explode in the presence of an appropriate ignition source.

- Do NOT cut, drill, grind or weld such containers.

- In addition ensure such activity is not performed near full, partially empty or empty containers without appropriate workplace safety authorisation or permit.

RECOMMENDED STORAGE METHODS

- Polyethylene or polypropylene container.

- Check all containers are clearly labelled and free from leaks.

STORAGE REQUIREMENTS

- Store in original containers.

- Keep containers securely sealed.

Section 8 - EXPOSURE CONTROLS / PERSONAL PROTECTION

EXPOSURE CONTROLS

Source	Material	TWA ppm	TWA mg/m ³	STEL ppm	STEL mg/m ³	Peak ppm	Peak mg/m ³	TWA F/CC	Notes
US - California Permissible Exposure Limits for Chemical Contaminants	beta-sitosterol (Particulates not otherwise regulated Respirable fraction)		5						(n)
US - Tennessee Occupational Exposure Limits - Limits For Air Contaminants	beta-sitosterol (Particulates not otherwise regulated Respirable fraction)		5						
US - Wyoming Toxic and Hazardous Substances Table Z1 Limits for Air Contaminants	beta-sitosterol (Particulates not otherwise regulated (PNOR)(f)- Respirable fraction)		5						
US - Michigan Exposure Limits for Air Contaminants	beta-sitosterol (Particulates not otherwise regulated, Respirable dust)		5						
Canada - Prince Edward Island Occupational Exposure Limits	beta-sitosterol (Particles (Insoluble or Poorly Soluble) [NOS] Inhalable particles)		10						See Appendix B current TLV/BEI Book
US ACGIH Threshold Limit Values (TLV)	dihydrobrassicasterol (Particles (Insoluble or Poorly Soluble) [NOS] Respirable particles)		3						See Appendix B current TLV/BEI Book
US ACGIH Threshold Limit Values (TLV)	dihydrobrassicasterol (Particles (Insoluble or Poorly Soluble) [NOS] Inhalable particles)		10						See Appendix B current TLV/BEI Book
Canada - Ontario Occupational Exposure Limits	dihydrobrassicasterol (Specified (PNOS))		3 (R)						
Canada - British Columbia Occupational Exposure Limits	dihydrobrassicasterol (Particles (Insoluble or Poorly Soluble) Not Otherwise Classified (PNOC))		10 (N)						

Canada - Quebec Permissible Exposure Values for Airborne Contaminants (English)	dihydrobrassicasterol (Particulates Not Otherwise Classified (PNOC))	10		
US - Washington Permissible exposure limits of air contaminants	dihydrobrassicasterol (Particulates not otherwise regulated - Respirable fraction)	5	10	
US - Washington Permissible exposure limits of air contaminants	dihydrobrassicasterol (Particulates not otherwise regulated - Total particulate)	10	20	
Canada - Nova Scotia Occupational Exposure Limits	dihydrobrassicasterol (Particles (Insoluble or Poorly Soluble) [NOS] Respirable particles)	3		See Appendix B current TLV/BEI Book
Canada - Nova Scotia Occupational Exposure Limits	dihydrobrassicasterol (Particles (Insoluble or Poorly Soluble) [NOS] Inhalable particles)	10		See Appendix B current TLV/BEI Book

ENDOELTABLE

The following materials had no OELs on our records

- campesterol: CAS:474-62-4

PERSONAL PROTECTION



RESPIRATOR

Particulate

Consult your EHS staff for recommendations

EYE

- Safety glasses with side shields.
- Chemical goggles.

HANDS/FEET

■ NOTE: The material may produce skin sensitization in predisposed individuals. Care must be taken, when removing gloves and other protective equipment, to avoid all possible skin contact.

Suitability and durability of glove type is dependent on usage. Important factors in the selection of gloves include: such as:

- frequency and duration of contact,
- chemical resistance of glove material,
- glove thickness and
- dexterity

Select gloves tested to a relevant standard (e.g. Europe EN 374, US F739).

- When prolonged or frequently repeated contact may occur, a glove with a protection class of 5 or higher (breakthrough time greater than 240 minutes according to EN 374) is recommended.
- When only brief contact is expected, a glove with a protection class of 3 or higher (breakthrough time greater than 60 minutes according to EN 374) is recommended.
- Contaminated gloves should be replaced.

Gloves must only be worn on clean hands. After using gloves, hands should be washed and dried thoroughly. Application of a non-perfumed moisturiser is recommended.

Experience indicates that the following polymers are suitable as glove materials for protection against undissolved, dry solids, where abrasive particles are not present.

- polychloroprene
- nitrile rubber

- butyl rubber
 - fluorocautchouc
 - polyvinyl chloride
- Gloves should be examined for wear and/ or degradation constantly.

OTHER

- Overalls.
- P.V.C. apron.
- Barrier cream.
- Skin cleansing cream.
- Eye wash unit.

ENGINEERING CONTROLS

- Local exhaust ventilation is required where solids are handled as powders or crystals; even when particulates are relatively large, a certain proportion will be powdered by mutual friction.
- Exhaust ventilation should be designed to prevent accumulation and recirculation of particulates in the workplace.

Section 9 - PHYSICAL AND CHEMICAL PROPERTIES

PHYSICAL PROPERTIES

Solid.
Does not mix with water.

State	Divided solid	Molecular Weight	414.69
Melting Range (°F)	284	Viscosity	Not Applicable
Boiling Range (°F)	Not available	Solubility in water (g/L)	Partly miscible
Flash Point (°F)	Not available	pH (1% solution)	Not available
Decomposition Temp (°F)	Not available	pH (as supplied)	Not applicable
Autoignition Temp (°F)	Not available	Vapour Pressure (mmHG)	Negligible
Upper Explosive Limit (%)	Not available.	Specific Gravity (water=1)	Not available
Lower Explosive Limit (%)	Not available	Relative Vapor Density (air=1)	Not applicable
Volatile Component (%vol)	Negligible	Evaporation Rate	Not applicable

APPEARANCE

■ Saponins (sapinogen glycosides) and sapogenins are widely distributed in plants. Each saponin consists of an aglucone moiety (the sapogenin), a sugar and a glycoside. The sapinogenin may be a steroid or a triterpene (unsaturated hydrocarbons based on the isoprene unit $H_2C=C(CH_3)CH=CH_2$) and with structures similar to that of steroid hormones), and the sugar may be glucose, galactose, a pentose or a methylpentose. Saponins are bitter-tasting and foam strongly when shaken in water. They form oil-in-water emulsions and act as collective colloids. They are poisonous towards lower life forms. Off-white crystalline powder; does not mix well with water.

Section 10 - CHEMICAL STABILITY

CONDITIONS CONTRIBUTING TO INSTABILITY

- Presence of incompatible materials.
- Product is considered stable.

STORAGE INCOMPATIBILITY

- Avoid reaction with oxidizing agents.

For incompatible materials - refer to Section 7 - Handling and Storage.

Section 11 - TOXICOLOGICAL INFORMATION

BETA-SITOSTEROL

TOXICITY AND IRRITATION

DIHYDROBRASSICASTEROL:

CAMPESTEROL:

- No significant acute toxicological data identified in literature search.

BETA-SITOSTEROL:

- Not available. Refer to individual constituents.

CAMPESTEROL:

- unless otherwise specified data extracted from RTECS - Register of Toxic Effects of Chemical Substances.
- Asthma-like symptoms may continue for months or even years after exposure to the material ceases. This may be due to a non-allergenic condition known as reactive airways dysfunction syndrome (RADS) which can occur following exposure to high levels of highly irritating compound. Key criteria for the diagnosis of RADS include the absence of preceding respiratory disease, in a non-atopic individual, with abrupt onset of persistent asthma-like symptoms within minutes to hours of a documented exposure to the irritant. A reversible airflow

pattern, on spirometry, with the presence of moderate to severe bronchial hyperreactivity on methacholine challenge testing and the lack of minimal lymphocytic inflammation, without eosinophilia, have also been included in the criteria for diagnosis of RADS. RADS (or asthma) following an irritating inhalation is an infrequent disorder with rates related to the concentration of and duration of exposure to the irritating substance. Industrial bronchitis, on the other hand, is a disorder that occurs as result of exposure due to high concentrations of irritating substance (often particulate in nature) and is completely reversible after exposure ceases. The disorder is characterised by dyspnea, cough and mucus production. Exposure to the material for prolonged periods may cause physical defects in the developing embryo (teratogenesis).

Section 12 - ECOLOGICAL INFORMATION

Harmful to aquatic organisms.

Ecotoxicity

Ingredient	Persistence: Water/Soil	Persistence: Air	Bioaccumulation	Mobility
beta-sitosterol	HIGH		LOW	LOW
campesterol	HIGH		LOW	LOW

Section 13 - DISPOSAL CONSIDERATIONS

Disposal Instructions

All waste must be handled in accordance with local, state and federal regulations.

! Legislation addressing waste disposal requirements may differ by country, state and/ or territory. Each user must refer to laws operating in their area. In some areas, certain wastes must be tracked.

A Hierarchy of Controls seems to be common - the user should investigate:

- Reduction
- Reuse
- Recycling
- Disposal (if all else fails)

This material may be recycled if unused, or if it has not been contaminated so as to make it unsuitable for its intended use. Shelf life considerations should also be applied in making decisions of this type. Note that properties of a material may change in use, and recycling or reuse may not always be appropriate.

DO NOT allow wash water from cleaning equipment to enter drains. Collect all wash water for treatment before disposal.

- Recycle wherever possible.
- Consult manufacturer for recycling options or consult Waste Management Authority for disposal if no suitable treatment or disposal facility can be identified.

Section 14 - TRANSPORTATION INFORMATION

NOT REGULATED FOR TRANSPORT OF DANGEROUS GOODS: DOT, IATA, IMDG

Section 15 - REGULATORY INFORMATION

beta-sitosterol (CAS: 83-46-5) is found on the following regulatory lists;

"Canada Domestic Substances List (DSL)"

Regulations for ingredients

dihydrobrassicasterol (CAS: 4651-51-8) is found on the following regulatory lists;

"Canada - British Columbia Occupational Exposure Limits","Canada - Nova Scotia Occupational Exposure Limits","Canada - Ontario Occupational Exposure Limits","Canada - Quebec Permissible Exposure Values for Airborne Contaminants (English)","US - Washington Permissible exposure limits of air contaminants","US ACGIH Threshold Limit Values (TLV)"

No data for campesterol (CAS: , 474-62-4)

Section 16 - OTHER INFORMATION

LIMITED EVIDENCE

- Inhalation and/or ingestion may produce health damage*.
- Possible skin sensitiser*.

* (limited evidence).

ND

Substance CAS Suggested codes beta- sitosterol 83- 46- 5 campesterol 474- 62- 4 dihydrobrassicasterol 4651- 51- 8

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merchantability or any other warranty, expressed or implied, with respect to this information. The author makes no representations and assumes no liability for any direct, incidental or consequential damages resulting from its use. For additional technical information please call our toxicology department on +800 CHEMCALL.

■ Classification of the preparation and its individual components has drawn on official and authoritative sources as well as independent review by the Chemwatch Classification committee using available literature references.

A list of reference resources used to assist the committee may be found at:
www.chemwatch.net/references.

■ The (M)SDS is a Hazard Communication tool and should be used to assist in the Risk Assessment. Many factors determine whether the reported Hazards are Risks in the workplace or other settings. Risks may be determined by reference to Exposures Scenarios. Scale of use, frequency of use and current or available engineering controls must be considered.

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